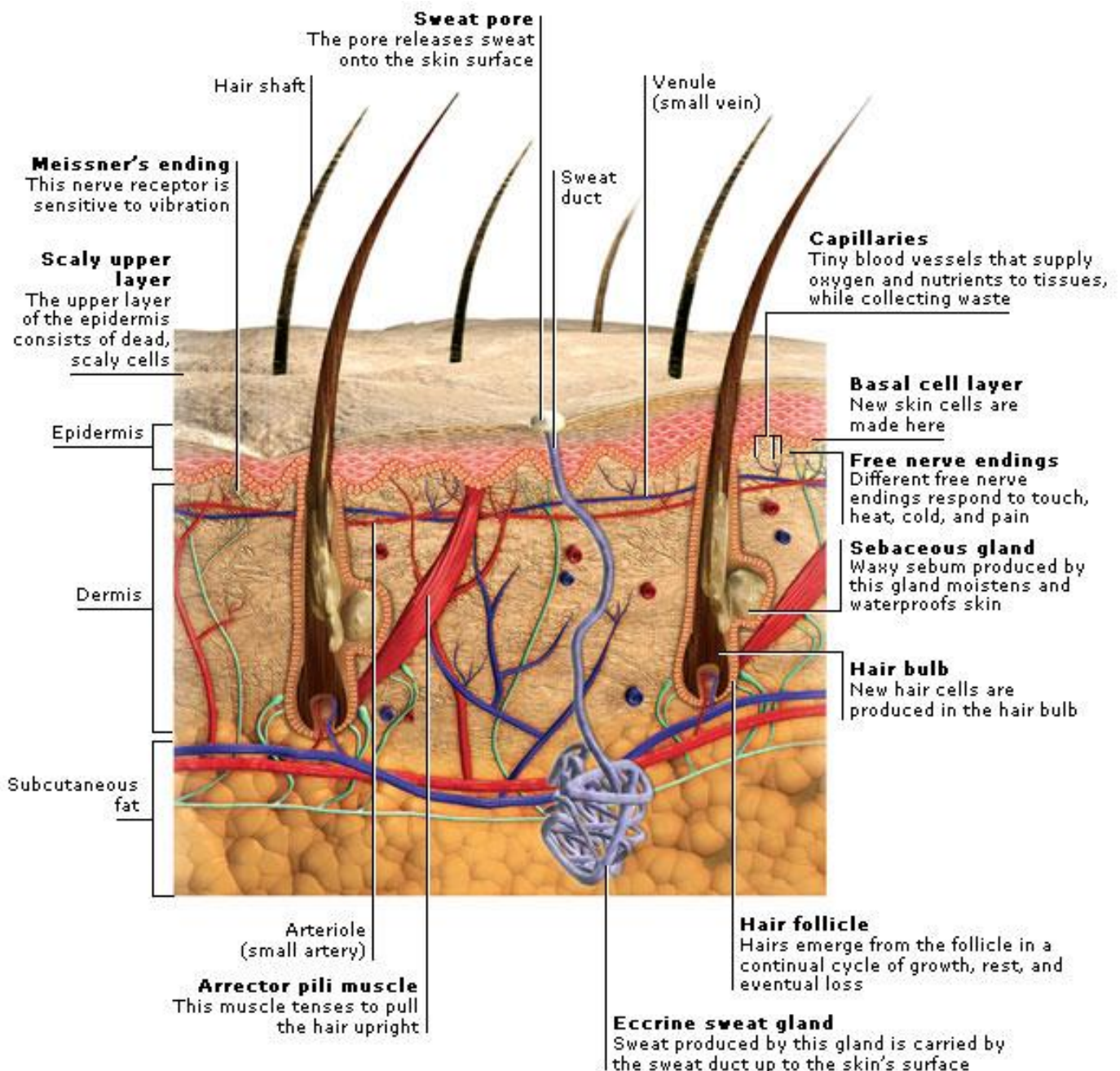


# Before the Treatment

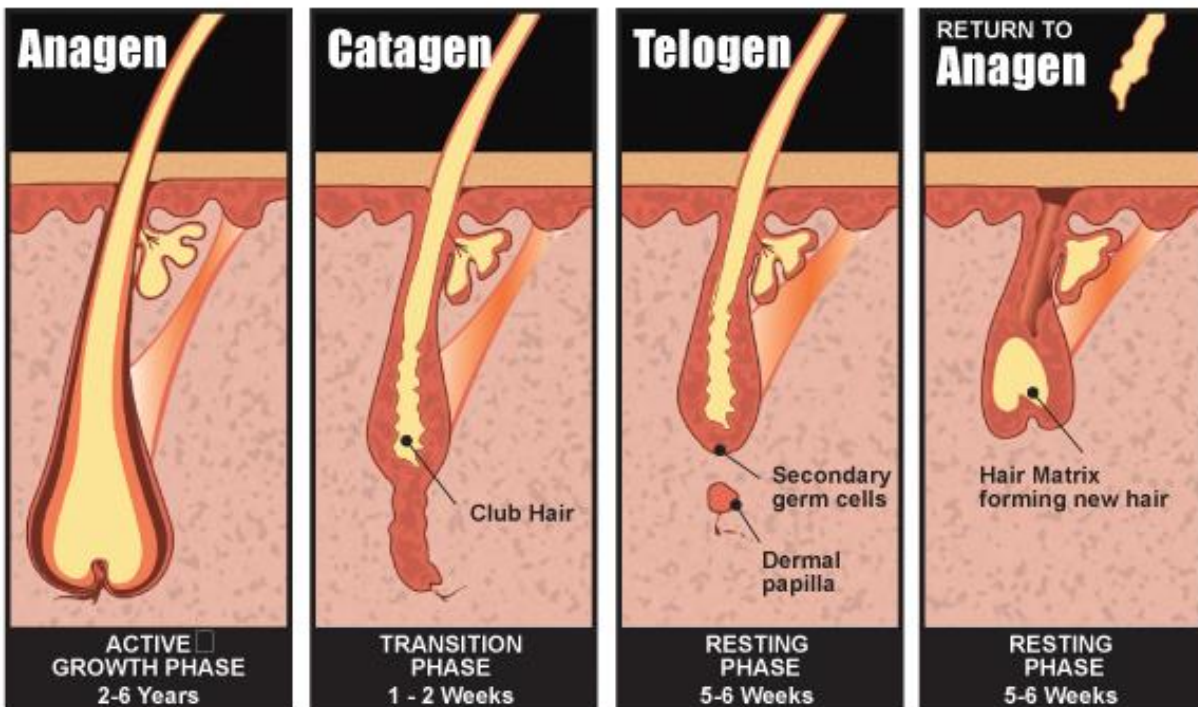
- Check the area to be treated for contraindications (discussed later).
- Complete client consultation form and client record card. The client must sign the form.
- Check for previous allergies or other problems with wax or the waxing technique.
- Ensure all client records are up-to-date.
- Sterilise any work area and your own hands and put on PPE (apron, gloves etc).
- A sensitivity test may be required if the Client hasn't had waxing treatments before. This involves waxing a small test patch in a sensitive area where the full treatment is being carried out. Usually it takes 24-48 hours to show any adverse effects.

## Hair and Skin Structure

It is not important to remember all of the technical names but you must understand the basic hair and skin structure.



# Hair Growth Cycle



It is important to understand how the hair growth cycle works. At any one time a client will have all growth cycles present. After a first treatment your client may still feel short hairs present in the treatment area that are too short for the waxing process.

It is important to explain to your client that this will be possible on the first consultation. It can take up to 5 or 6 treatments (approximately 6-8 weeks apart) to reduce the amount of hair growth present in the treatment area.

After the first treatment a further treatment may be required to the same area within 2-3 weeks which is quite normal with the growth patterns above.

Over time your client will notice a significant reduction in hair growth and thickness of the hair. In order to maintain this, regular treatments will need to be carried out (approximately 6-8 weeks apart). It is important that your client is given this information during their first consultation.